

## **Employment Opportunities**

### PART TIME PERSONAL TRAINER POSITIONS:

**C**ompany Information: Fitness Solutions, LLC is a growing health & fitness business in the Northern Virginia area that has been providing on-site health, fitness and wellness services to individuals since 1993.

**F**uture sites; e.g., community/residential, clinical and businesses requiring Personal Training services will become available calendar year 2005/06 for Fitness Solutions.

**S**ervices range from providing one-on-one Personal Fitness Training & health assessments/new member orientations to Group-Fitness Training/instruction to nutritional consultation & weight/lifestyle management.

**T**he company presently has part-time openings for a Personal Trainer position(s) at our on-site location in Herndon, Va. Flexible schedules & competitive salaries.

**G**eneral skills required: Current national accreditation/certification, or working in degree program targeted at physical education, health/exercise science or related field of study, professional liability insurance, First Aid & CPR certifications.

**C**ontact: Please call/fax resume to 703.793.9770 or e-mail resume to [kdougherty@n2fitness-solutions.com](mailto:kdougherty@n2fitness-solutions.com) for more information. Ask for Keith Dougherty.